

Staveley CE Primary School Long Term Curriculum Overview

PSHE						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS (Cycle	Me and My	Rights and Respect	Valuing Difference	Being my Best	Keeping Safe	Growing and Changing
A)	Relationships	 Looking after my 	 I'm special, 	 Bouncing back 	 What's safe to 	 Seasons
	 All about me 	special people	you're special	when things go	go onto my body	 Life stages – plants,
	 What makes me 	 Looking after my 	 Same and 	wrong	 Keeping Myself 	animals, humans
	special	friends	different	Yes, I can!	Safe – What's	 Life stages – who
	 Me and my 	 Being helpful at 	 Same and 	 Healthy eating 	safe to go into	will I be?
	special people	home and caring	different	My healthy mind	my body	 Where do babies
	 Who can help 	for our classroom	families	 Move your body 	Safe indoors and	come from?
	me	 Caring for our 	 Same and 	 A good nights 	outdoors	 Getting bigger
	 My feelings 	world	different	sleep	 Listening to my 	 Me and my body –
		 Looking after 	homes		feelings	girls and boys
		money	 I am caring 		 Keeping safe 	
			 I am a friend 		online	
					People who help	
					to keep me safe	
EYFS (Cycle	Me and My	Rights and Respect	Valuing Difference	Being my Best	Keeping Safe	Growing and Changing
В)	Relationships	 Looking after my 	 I'm special, 	 Bouncing back 	 What's safe to 	 Seasons
	 All about me 	special people	you're special	when things go	go onto my body	 Life stages – plants,
	 What makes me 	 Looking after my 	 Same and 	wrong	 Keeping Myself 	animals, humans
	special	friends	different	Yes, I can!	Safe – What's	 Life stages – who
	 Me and my 	 Being helpful at 	 Same and 	 Healthy eating 	safe to go into	will I be?
	special people	home and caring	different	My healthy mind	my body	 Where do babies
	 Who can help 	for our classroom	families	Move your body	 Safe indoors and 	come from?
	me	 Caring for our 		A good nights sleep	outdoors	 Getting bigger
	My feelings	world				

		Looking after money	Same and		Listening to my	Me and my body – girls
		,	different		feelings	and boys
			homes		Keeping safe	
			I am caring		online	
			I am a friend		People who help to	
					keep me safe	
Year 1 & 2	Me and My	Rights and	Valuing Differences	Being My Best	Keeping Myself Safe	Growing and Changing
(Cycle A)	Relationships	Responsibilities	• Same OR	• I can eat a rainbow	 Healthy me (Y1) 	 Life stages – plants,
	 Why we have 	Harold's wash & brush	different? (Y1)	(Y1)	 Super sleep (Y1) 	animals, humans (P1)
	classroom rules (Y1)	up (Y1)	 Unkind, tease or 	• Eat well (Y1)	Harold's picnic (Y2)	 Inside my wonderful
	Thinking about	 Around and about the 	bully? (Y1)	• You can do it! (Y2)	What could Harold	body (Y1)
	feelings (Y1)	school (Y1)	 What makes us 	 Harold learns to 	do? (Y1)	 Taking care of a baby
	 Our ideal classroom 	Getting on with others	who we are? (Y2)	ride his bike (Y1)		(Y1)
	(1) (Y2)	(Y2)	It's not fair! (Y1)	• Catch it! Bin it! Kill		 A helping hand (Y2)
	 Good friends (Y1) 	 How should we look 		it! (Y1)		 Keeping privates
	How are you listening?	after our money? (Y1)				private (Y1)
	(Y1)					Haven't you grown!
						(Y2)
Year 1 & 2	Me and My	Rights & Responsibilities	Valuing Differences	Being my best	Keeping Myself Safe	Growing and Changing
(Cycle B)	Relationships	Taking care of	 Harold's school 	 Harold has a bad 	Listening to my	Then and now (Y1)
	• Our Feelings (Y1)	something (Y1)	rules (Y1)	day (Y1)	feelings (1) (R)	Who can help? (2)
	• Feelings & Bodies (Y1)	Harold's money (Y1)	Who are our	 Pass on the praise 	• Who can help? (1)	(Y1)
	Our Special People	When I feel like	special people?	(Y1)	(R)	• Sam moves away (Y2)
	balloons (Y1)	erupting (Y2)	(Y1)	Harold's bathroom	 Harold loses 	 Surprises and secrets
	Bullying or teasing?	 Harold saves for 	 My Special 	(Y2)	Geoffrey (Y1)	(Y1)
	(Y2)	something special (Y2)	People (Y2)	Basic 1st Aid (Y1) •	What should	
	 Types of bullying (Y2) 		• An act of	My body needs	Harold say? (Y2)	
			kindness (Y2)	(Y2)	• Good or bad	
					touches? (Y1)	
					• Fun or not? (Y2)	

Year 3 & 4	Me and My	Rights and	Valuing Difference	Being My Best	Keeping Myself Safe	Growing and Changing
(Cycle A)	Relationships	Responsibilities	 Family and 	 Derek cooks 	Safe or unsafe?	Relationship Tree
	As a rule (Y3)	 Our helpful volunteers 	friends (Y3)	dinner! (healthy	(Y3)	(Y3)
	My special pet (Y3)	(Y3)	My community	eating) (Y3)	• Danger or risk? (Y3)	Body space (Y3)
	• Dan's Dare (Y3)	Can Harold afford it?	(Y3)	• Poorly Harold (Y3)	• The Risk Robot (Y3)	My changing body
	• Thunks (Y3)	(Y3)	Let's celebrate	 Body team work 	 None of your 	(Y3)
	• Ok or not ok? (part 1)	Earning money (Y3)	our differences (Y3)	(Y3)	business! (Y3)	 Basic first aid (Y3)
	(Y4)	 Helping each other to 	• Zeb (Y3)	Top talents (Y3)	• Help or harm? (Y3)	Moving house (Y4)
	• Ok or not ok? (part 2)	stay safe (Y3)	• Can you sort it?	 What makes me 	Danger, risk or	
	(Y4)	Who helps us stay	(Y4)	ME! (Y4)	hazard? (Y4)	
		healthy and safe? (Y4)		 Making choices 	• Picture Wise (Y4)	
		It's your right (Y4)		(formerly Ed6 Learns		
				to be human) (Y4)		
Year 3 & 4	Me and my	Rights and	Valuing Difference	Being My Best	Keeping Myself Safe	Growing and Changing
(Cycle B)	Relationships	Responsibilities	 Respect and 	• For or against? (Y3)	Alcohol and	Secret or surprise?
	Tangram team	Recount task (Y3)	challenge (Y3)	• I am fantastic! (Y3)	cigarettes: the facts	(Y3)
	challenge (Y3)	Harold's environment	 Our friends and 	 Getting on with 	(Y3)	 My feelings are all
	 Looking after our 	project (Y3)	neighbours (Y3)	your nerves! (Y3)	• Super Searcher (Y3)	over the place! (Y4)
	special people (Y3)	 How do we make a 	What would I do?	Harold's Seven Rs	 Know the norms 	Period positive (Y4)
	 How can we solve this 	difference? (Y4)	(Y4)	(Y4)	(formerly Tell Ed6)	Secret or surprise?
	problem? (Y3)	In the news! (Y4)	• The people we	My school	(Y4)	(Y4)
	 Friends are special 	 Safety in numbers (Y4) 	share our world	community (1) (Y4)	 Keeping ourselves 	All change! (Y4)
	(Y3)	Harold's expenses (Y4)	with (Y4)	• SCARF Hotel (Y4)	safe (Y4)	
	When feelings change		• Islands (Y4)		How dare you!	
	(Y4)		• Friend or		(Y4) • Medicines:	
	Different feelings (Y4)		acquaintance? (Y4)		check the label (Y4)	
Year 5 & 6	Me and my	Rights and	Valuing Difference	Being My best	Keeping Myself Safe	Growing and Changing
(Cycle A)	Relationships	Responsibilities	• Qualities of	• Getting fit (Y5)	• 'Thunking' about	How are they feeling?
	• Collaboration	• Spending wisely (Y5)	friendship (Y5)	• It all adds up! (Y5)	habits (Y5)	(Y5)
	Challenge! (Y5)	• What's the story? (Y5)	• Is it true? (Y5)	• Star qualities? (Y5)	• Jay's dilemma (Y5)	Help! I'm a teenager -
	Our emotional needs	• Fact or opinion? (Y5)	• It could happen	Basic first aid (Y5)	• Spot bullying (Y5) •	get me out of here!
	(Y5)		to anyone (Y5)			(Y5)

	• Give and take (Y5)	• Two sides to every story	• Kind	• Five Ways to	Think before you	Taking notice of our
	Working together (Y6)	(Y6)	conversations (Y5)	Wellbeing project	click! (Y6)	feelings (Y5)
	Let's negotiate (Y6)	 Fakebook friends (Y6) 	OK to be different	(Y6)	Alcohol: what is	Stop, start,
	 Solve the friendship 	What's it worth? (Y6)	(Y6)	This will be your	normal? (Y6)	stereotypes (Y5)
	problem (Y6)		We have more in	life! (Y6)	Traffic lights (Y6)	• Helpful or unhelpful?
			common than not		 To share or not to 	Managing change (Y6)
			(Y6)		share? (Y6)	• I look great! (Y6)
Year 5 & 6	Me and my	Rights and	Valuing Difference	Being My Best	Keeping Myself Safe	Growing and Changing
(Cycle B)	Relationships	Responsibilities	 Happy being me 	• Different skills (Y5)	Ella's diary	 Changing bodies and
	 How good a friend are 	 Rights, responsibilities 	(Y5)	 My school 	dilemma (Y5)	feelings (Y5)
	you? (Y5)	and duties (Y5)	 The land of the 	community (2) (Y5)	Drugs: true or	Making babies (Y6)
	 Being assertive (Y5) 	 Mo makes a difference 	Red People (Y5)	 Independence and 	false? (Y5)	What is HIV? (Y6)
	• Don't force me (Y6)	(Y5)	Advertising	responsibility (Y5)	Smoking: what is	 It could happen to
	 Acting appropriately 	Jobs and taxes (Y6)	friendships! Y6)	Five Ways to	normal? (Y5)	anyone (Y5)
	(Y6)	Action stations! (Y6)	Boys will be	Wellbeing project	Play, like, share	 Media manipulation
	 Behave yourself (Y6) 	• Democracy in Britain 1 –	boys? - challenging	(Y6)	(Y5)	(Y6)
	• Dan's day (Y6)	Elections (Y6)	gender stereotypes	This will be your	Rat Park (Y6)	Pressure online (Y6)
		• Democracy in Britain 2 -	(Y6)	life! (Y6)	What sort of drug	• Is this normal? (Y6)
		How (most) laws are	 Respecting 	Basic First Aid (Y6)	is? (Y6)	
		made (Y6)	differences (Y6)		Drugs: it's the law!	
			 Tolerance and 		(Y6)	
			respect for others			
			(Y6)			