

GRAB YOUR TRAINERS...

Grab your mates...and come down to lakes leisure Kendal!

MONDAY 26TH - FRIDAY 30TH OCTOBER

FUNSPORTS - AGES 8-13

Great FUN for all! - A variety of different sports including music and movement activities.

Taken by a fully qualified instructor each day!

Book TWO days and get THIRD FREE...£15.00 PER DAY



MON 26TH/TUE 27TH/WED 28TH OCT.....10AM-3PM

JUNIOR GYMNASTICS AGES 5-8/9-11

Gymnastics taster sessions in our sports hall.....£5.00 each

MON 26TH OCT...AGE 5-8..10-10.55AM/ AGE 9-11...11-11.55AM

JUNIOR GYM COACHING AGES 14 & 15

2 day introductory course to Fitzone Gym.....£10.00

MON 26TH OCT & TUE 27TH OCT.....Each day 10AM-12NOON

TRAMPOLINING COURSE AGES 4-15

Great trampolining sessions for all abilities.....£5.00 each

TUE 27TH OCT.....10-10.55AM/11-11.55AM (under 8s accompanied)

STREET DANCING AGES 8-12/13-15

Funky new classes, Hip Hop, Pop and more.....£3.00 each

WED 28TH OCT....AGE 8-12..10-10.55AM/ AGE 13-15..11-11.55AM

BOOK EARLY TO GUARANTEE YOUR PLACE

CALL: 01539 729777 CLICK: WWW.LAKESLEISURE.ORG.UK

lakes leisure is a not-for-profit charitable trust
committed to providing quality sport and leisure
facilities across South Lakeland

lakes leisure

Kendal

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OCTOBER HOLIDAYS