



*SEAL
at
Staveley
Primary School*

*A Guide
for
Parents and Guardians*

<i>Theme 1 – Autumn 1st half</i>	<i>New beginnings</i>
<i>Theme 2 – Autumn 2nd half</i>	<i>Getting on and falling out</i>
<i>Theme 3 – one to two weeks in autumn term to coincide with anti-bullying week in November</i>	<i>Say no to bullying</i>
<i>Theme 4 – Spring 1st half</i>	<i>Going for Goals!</i>
<i>Theme 5 – Spring 2nd half</i>	<i>Good to be me</i>
<i>Theme 6 – Summer 1st half</i>	<i>Relationships</i>
<i>Theme 7 - Summer 2nd half</i>	<i>Changes</i>

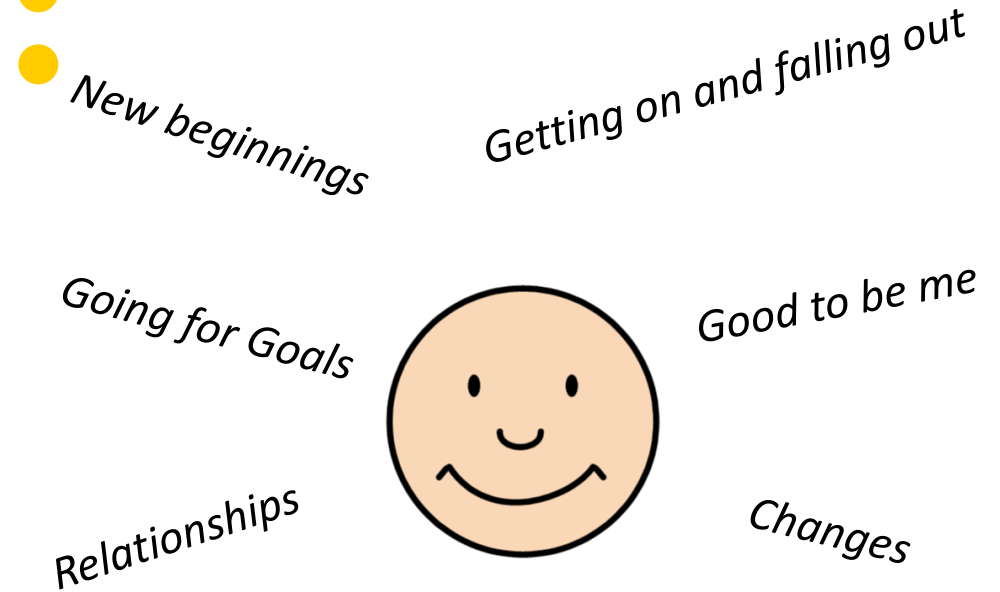
How can you help?

- Talk to your child about what they are doing in circle time*
- Homework related to the theme may be sent home to work on with your child*
- Check the school website for information/class activities related to SEAL*
- If you would like more information you may find the following website useful:*

http://www.teachernet.gov.uk/teachingandlearning/socialandpastoral/seal_learning/



Sharing our learning, having fun together, and being successful.



What is SEAL?

Social and Emotional Aspects of Learning

At Staveley School we believe that as well as teaching children academic subjects it is important to teach them social, emotional and behavioural skills too.

In school we have a whole school resource which is known as the SEAL programme.

The programme enables us to develop five broad social and emotional aspects of learning:

- self awareness
- managing feelings
- motivation
- empathy



Working together and strengthening friendships at Birdoswald.



Sharing ideas, listening to each other, taking turns and working together.

Where children have good skills in these areas they will be motivated to, and equipped to:

- Make and sustain friendships
- Deal with and resolve conflict effectively and fairly
- Solve problems with others or by themselves
- Manage their feelings
- Work and play co-operatively
- Compete fairly and win and lose with dignity and respect for competitors
- Understand and value differences

Over the year we will look at 6 different themes (see back page) which will be introduced in an assembly at the beginning of each half term. In circle time the children will participate in different activities which will develop the skills outlined. Links to the skills may also be made in other subject areas.

Social, emotional and behavioural skills cannot be 'taught' as a one off. There is a need to revisit and develop concepts, understanding and skills over time, building on what has been learnt in previous year groups.